

SUE

RMT

AS A REGISTERED MASSAGE THERAPIST FOR NEARLY 22 YEARS, SUE HAS HAD THE PRIVILEGE OF WORKING WITH CLIENTS IN A VARIETY OF SETTINGS. WHETHER IN LONG-TERM CARE, PAEDIATRICS, PROFESSIONAL AND AMATEUR SPORTS TEAMS, TO THE WEEKEND WARRIORS, OR JUST THE PHYSICALLY STRESSED, HER FOCUS HAS ALWAYS BEEN INDIVIDUAL, CLIENT-CENTRED CARE WITH MODALITIES GEARED TO EACH CASE.

AS A PARENT TO A PHYSICALLY CHALLENGED ADULT CHILD WITH CEREBRAL PALSY AND TEENAGED REP SPORTS PLAYER, LEARNING HOW MUSCLES FUNCTION IN CONJUNCTION WITH ALL OTHER BODILY SYSTEMS HAS BEEN PARAMOUNT TO ACHIEVING OPTIMAL RESULTS FROM EACH TREATMENT. NO TWO CLIENTS AND THEREFORE, NO TWO TREATMENTS ARE ALIKE.

DURING THE PANDEMIC, SUE HAS THE OPPORTUNITY TO REFLECT ON THE TRUE IMPORTANCE OF TOUCH IN MAINTAINING ONE'S PHYSICAL AND MENTAL HEALTH. SHE TOOK THE DOWNTIME AS AN OPPORTUNITY TO LEARN CUPPING, A TRADITIONAL CHINESE MODALITY, AND IS NOW CERTIFIED TO INCLUDE THESE TECHNIQUES IN HER TREATMENTS.

SUES' GENUINE LOVE OF HER PROFESSION AND THE CARE FOR EVERY CLINEY SHE TREATS, CAN BE CONFIRMED BY THE DOZENS OF CLIENTS THAT HAVE REMAINED LOYAL TO HER THROUGHOUT HER CAREER. SUE WELCOMES ALL RETURNING AND NEW CLIENTS THAT HAVE REMAINED LOYAL TO HER THROUGHOUT HER CAREER. SUE WELCOMES ALL RETURNING AND NEW CLIENTS TO BOOK AN APPOINTMENT WITH HER AT ACTIVE HEALTH AND LOOKS FORWARD TO BEING ABLE TO KEEP PRACTICING FOR ANOTHER 20 YEARS.

MEET THE TEAM!